



Famous Foods from Mexico



By Alexandra Ervine



Where in the world is Mexico?

Here is Mexico just below the USA



Here we are in Northern Ireland

Why I love Mexican Food

I love Mexican food because it is very tasty and very colourful. I love cheese toasties and the quesadillas (K-sa-dee-as) from Mexico are very similar. I love chocolate and Mexico is the birth place of cacao (Ka-ka-oo) and it is used for hot chocolate which I love. I love Mexican food because there is a drink called Agua de Jamaica made from hibiscus flower and it tastes and looks like ribena.



My Aunty Sandra used to come to this restaurant every night when she worked in the children's refuge in Tapachula in Mexico. It was known as "Quesadilla land."



Street Food –Mexicans like to eat at night on the street and it's cheap and tasty.

My Aunty Sandra



Horchada – A chocolate milk made from ground oats with cinnamon, sugar and water.



Tacos – filled with onion, salsa, pineapple, coriander and lime with fried/grilled beef steak.



Refried beans with cheese and tortilla chips.



Breakfast in Mexico – Oats, milk and cinnamon.



Coconut collecting – Here is Meche from the children’s refuge (her nickname is Dora the Explorer because she looks like her) gathering coconuts from the trees to be eaten for breakfast, dinner and tea.....



Mexican breakfasts

Mexicans also love spicy eggs and coffee for breakfast.

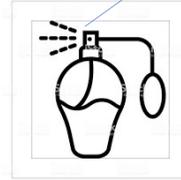
A lot of coffee is grown in Mexico.

This is what a coffee

Bean looks like before
it is roasted and turned
brown.



Mexican mole is a very traditional cooking sauce. Mexicans use a lot of chocolate when they cook, especially in mole. (my aunty said it tasted like perfume which she did not like).



Quesadillas – a Mexican toastie that you can add anything you like to.....



Someday I would like to go to Mexico to visit
“Quesedilla Land” with my Aunty Sandra

The End.  